

Ryan

Fights the Green Monsters



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Join Ryan as he fights the Green Monsters and learns about healthy eating. As you will see, the Green Monsters aren't what they seem to be. He gets the help from a special friend who knows a thing or two about these so called bad characters. Ryan soon realizes that the Nasty Family Foods can't compare to the power of the Good Family Foods. With 20 pages filled with colorful illustrations and a special coloring book section where they can review all the characters in the book, your child will learn the difference between eating what is good versus what just tastes good.